

# Practise praise

- \* Praise makes everyone feel good
- \* Notice and give attention to the good behaviour rather than bad
- \* Give praise when things go right
- \* Demonstrate praise physically with cuddles and smiles as well as words
- \* Praise the effort put in by your child as well as the result
- \* Give your child lots of opportunities to receive praise by increasing their independence

**Well done, you put  
your t-shirt on  
the right way.**

**I can see you've  
worked very hard  
on that painting.**

**Wow you've made  
that sandwich all  
by yourself.**

This will help your child to:

- \* Want to do well and feel good about themselves
- \* Gain confidence in their abilities
- \* Recognise the importance of independence
- \* Be kind, thoughtful and say positive things to others

