

EDINBURGH LEARNS@Home

RESOURCES

A selection of resources that could be used to support parents and carers during this time. Please share with them, as you feel is appropriate.

FOR PARENTS/CARERS

Click on the blue underlined text in the Title Box to access the resource



Resource	Description
General	<p>Parent Club: Tips for supporting learning at home for Parents Click Here</p> <p>World Health Organisation resources on parenting in the time of COVID. Click Here Resources are provided in all major languages.</p> <p>Parent Zone – collection of resources for parents to support learning during COVID. Click Here</p> <p>Supporting daily routines during school closure. Click Here</p> <p>Selection of resources for Parents, including how to support literacy, home-learning and creating a daily routine Click Here</p> <p>Education Scotland resources for parents. Click Here</p> <p>Home Learning with Microsoft 365 – guidance for Parents. Click Here</p> <p>National Parent Forum Scotland guidance. Click Here</p>
	<p>NHS Lothian – Covid 19 Resources for Parents & Carers and young people including: Local Youth Services, supporting mental health & wellbeing, medical advice, Activities to do at home. Click Here</p> <p>YoungScot – dedicated page to support young people during COVID-19. Here</p>
How to support your child's wellbeing and talk to your child about what's happening	<p>For age appropriate information:</p> <p>For younger children:</p> <ul style="list-style-type: none">➤ BBC Newsround hub – regularly updated with information and advice➤ #covibook – for under 7s➤ Children's guide to coronavirus – a download from the Children's Commissioner to help explain the situation to children <p>For older children:</p> <ul style="list-style-type: none">➤ Encourage them to maintain social ties – relationships are especially important for older children, so give them room to keep in touch with their friends➤ Equip them with accurate information – for example:<ul style="list-style-type: none">○ Mythbusters from the World Health Organization○ Data visualisation pack from Information is Beautiful (regularly updated)➤ Share tools to help them manage anxiety<ul style="list-style-type: none">○ YoungMinds: practical steps to take if you're anxious about coronavirus

	<ul style="list-style-type: none"> ○ Mind: how to take care of your wellbeing when staying home ○ Action for Happiness Coping Calendar <p>➤ If you're worried about your child's anxiety, YoungMinds is a charity dedicated to children's mental health. They've opened a parents' helpline for confidential, expert advice. You can reach them at 0808 802 5544</p>
General	Youtube Learn@Home Channel - highlights educational YouTube channels that students can watch at home, categorised by age. Click Here
	Collins – Learning at home resources by subject age Click Here
	BBC bitesize: updated daily Click Here
BBC Resources	First Level Resources, by subject Click Here
	Primary Websites Click Here
	Secondary Websites and resources – National 5 Click Here
	Secondary Websites and Resources – Higher Click Here
English/Literacy	Education Scotland – Supporting Literacy at home resources for parents, advice for all age groups Click Here
	50 000 Free E-books, arranged by genre Click Here
	Recommended reading lists, by age groups Click Here
	EEF 7 Top tips to support reading at home. Click Here
	Audible – free during Covid Click Here
	Read aloud – children can listen to stories being read outloud Click here
	Cambridge University Press - ALL 700 textbooks are currently available FREE in HTML format Click here
	David Walliams - One audio story every day – free Click here
	Phonics Play – Free during Covid-19 Click here
	British Council Resources Click Here
	Education Scotland Parent Zone resources on supporting literacy at home Click Here
Maths/Numeracy	Times tables Click Here
	Sumdog – resources for parents Click Here
	BBC National 5 Maths Click Here
	Education Scotland – I am a mathematician resources Click Here
	White Rose Maths – lots of resources, by year group Click Here
	Maths week Scotland resources Click Here
STEM	Education Scotland STEM resources – at home Click Here
	The Royal Institution: resources for home learning. Click Here